



Kingsdale Neighbourhood Association

Winter 2011 Events & Activities



Centre Hours

Monday to Friday 9:30 - 4:30

Some evening hours may be available; please call 519.748.6463 for more information.

Winter Registration

Saturday, December 11, 2010

10:00 am to 12:00 pm

Register early as space is limited and classes may be cancelled due to lack of registration.

Registration required for all programs. If you require subsidy (assistance with fees) please contact the Family Outreach Worker at 519.748.6463.

Programs start week of January 10, 2011 unless otherwise indicated.

Closures

December 24th: Office will be closed at Noon and re-open on January 4th, 2011, except for Winter Camp and Food Distribution on the Thursdays.

KNA Meetings

Bring your ideas and concerns about the Kingsdale Neighbourhood to the monthly Association's meetings. Meetings are held on the following dates at 6:30 p.m.

January 10, February 14, March 14, April 11

Web Address

www.kingsdalecc.com

Look for us on Facebook: Kingsdale Community Center

Program Policy

Payment must be made at the time of registration. If full payment cannot be made, then a 10% deposit must at least be made to hold the spot. The remainder of the payment must be made half way through program. Payment for ongoing programs such as KinderKubs and Afterschool must be completed by the first of each month.

Refund/Cancellations: No refunds will be given unless written notice of cancellation is received prior to the commencement of the second class. A charge of \$5 will be placed on all cancellations and NSF cheques. Kingsdale Neighbourhood Association reserves the right to cancel programs at any time due to insufficient registration.

Fee Assistance: Fee assistance is available for children only, on a first come first served basis, as there are limited funds available. To apply for assistance, please contact the Family Outreach Worker at 519.748.6463

Registration Process: Registration must be done in person regardless whether there is a program fee or not. Registration is done on a first come, first served basis. No new registration will be taken after the second week of program except for ongoing programs.



**House of
Friendship**

Printed in co-operation with



For information on programs call the Kingsdale Community Centre at 519.748.6463

**We are on the web
www.kingsdaleecc.com**

***Kingsdale
Community Centre Staff***

Alissa Attwood

Community Resource Coordinator
alissaa@houseoffriendship.org

Katie Holder

Family Outreach Worker
katieh@houseoffriendship.org

Robin Harrington

Community Centre Assistant
robinh@houseoffriendship.org

Kathleen Matharoo

Early Years/Group Support Worker
matharook@gmail.com

Community Contact Numbers

Kingsdale Community Centre.....	748-6463
Courtland Shelley Community Centre	571-7953
Stanley Park Community Centre	741-2504
Wilson Avenue Public School	893-7050
Rockway Public School	576-5730
Sunnyside Public School	896-1130
St. Aloysius Catholic School	893-5830
Police/Fire	(911) or 653-7700
Kids Help Phone	1-800-668-6868
H.E.L.P. Line	745-9909
Alcoholics Anonymous	742-6183
Narcotics Anonymous	651-1121
Crime Stoppers	1-800-222-8477
K-W Multicultural Centre	745-2531
Kitchener Public Library	743-0271
Emergency Food Hampers (House of Friendship).....	742-0662
Employment Resource Centre	576-7676
Landlord & Tenant Info	1-888-332-3234
Legal Aid	743-4306
Telehealth	1-866-797-0000
Our Place, Family Resource and Early Years Centre	571-1626
Region of Waterloo Public Health	832-2002
Healthy Babies, Healthy Children Program	883-2245
Family & Children's Services	576-0540
Grand River Transit	585-7555
Ontario Works (Social Assistance)	883-2100
K-W Counselling	884-0000
The Working Centre	743-1151
The Volunteer Action Centre	742-8610
Community Information	;.....579-3800

***Kingsdale
Neighbourhood
Association Executive***

Janet Lilley

Chair
kna@kingsdaleecc.com

Kathy Wilkes

Vice-Chair

Jon Torres

Secretary

Loretta Haraldson

Treasurer



Sharing with My Community Every Day. The Kingsdale Community Centre thanks The Food Bank of Waterloo Region for their support of our Food Program which serves close to 1800 families per year in the Kingsdale Neighbourhood. When you are out grocery shopping consider, donating food to the Food Bank of Waterloo Region. Most grocery stores in K-W have boxes where you can place your donated food. We thank you for your kindness and remembering those who need your support.

Items needed most: Beans in sauce, Stews and chili, canned meat & fish, Rice, Canned fruit, Dry Soup, Peanut butter, Mac & Cheese, Canned Soup, Pasta Sauce, diapers, formula, baby foods. For further information on The Food Bank of Waterloo Region visit: www.thefoodbank.ca

Greetings from the KNA Executive

Christmas is just around the corner! We are always interested in hearing what kinds of programs people would like to see us offering. Of course in order to run the programs we need people to register for them so we don't have to cancel due to lack of registration. It was great to see the turnout for our Annual BBQ. Everyone had a fantastic time and the food was great as always. Thank you to everyone who contributed to make the day a good one!

A HUGE thank you to all the volunteers who help us every day doing various things, without our volunteers nothing is possible!

We give a warm welcome back to Katie, our Family Outreach Worker, who has returned from her maternity leave. Sadly Wendy has left our work force family but she is still active at the community centre as a community member. We wish her well in her future endeavors.

We have Treasure Books on sale as a fundraiser for the community centre. There are hundreds of great coupons in it for only \$35.00! Please inquire about purchasing a copy in the office.

The Kingsdale Neighbourhood Association wishes everyone a safe and happy Holiday Season.



News and Views Councillor John Gazzola - Ward 3

Dear Ward 3 Residents,

Mark your calendars! Registration for this winter's programs will begin Saturday, December 11 at 10 a.m. and will run until noon. You can look forward to programs you have always enjoyed and some new ones too, including: indoor soccer, cheerleading, tumble time, and an introduction to Web Social Networking. The community centre is also excited to be partnering with K-W Counselling Services to offer a series of workshops for women called "Money and Making it on Your Own."

Fun is in store for your children ages 6-12 during the Christmas break. The Kingsdale Community Centre is running a Winter Fun Camp that will start on Monday, December 20 and end Friday December 30. The camp begins at 9 a.m. and ends at 5 p.m. excluding the two Fridays, on which the program ends at Noon. Cost of this camp is \$25/per day or \$125 per week. Planned activities include outdoor fun, games, crafts, music and movies. For more information on these programs and upcoming events, please contact the centre at 519-748-6463.

It has been an honour and pleasure to serve the residents of Kitchener as your council representative in the Fairview-Gateway Ward 3 for the past eight years. This message is being submitted prior to the current election, but will not be circulated until after the election. It is my hope that I will again have the privilege of serving the newly aligned Ward 3.

I have appreciated the input, comments and feedback that many of you have provided me with over this past term of office. It is essential that the citizens of Kitchener be engaged in the decisions made by council, as they directly affect you. Again, I have sincerely appreciated and valued all the comments that you have provided me with.

I want to thank all of you who have supported me in this role. The opportunity to serve the citizens of Kitchener, and be intimately involved with the growth and development of our community has been rewarding and humbling.

My best wishes for a safe and happy Holiday Season, and a very Merry Christmas to you all.

Sincerely,

Councillor John A. Gazzola

Councillor - Fairview-Gateway Ward (3)

519-741-2790 (City Hall); 519-744-0807 (Home); 519-498-2389 (Cell)




519-741-2385 (TTY); john.gazzola@kitchener.ca; jgazzola@rogers.com

Preschool & Parenting Programs (Ages Infant to 6 years)




PROGRAM	AGE	TIME	DURATION	COST
Kinder Kubs Preschool Offering a warm and welcoming environment to children, fun activities, circle time, arts and crafts. Building new friendships and skills. What a great way to prepare your child for kindergarten. <i>*If child is not fully potty trained, parents must stay on site</i>	2.5 - 6 years	Tuesday & Thursday 9:30-11:30 a.m.	Ongoing - Must register beginning of every month. Winter Session starts Tuesday, January 4, 2011	\$30.00 per month for 1 day per week
Early Years Preschool We offer a warm and welcoming environment to children, fun activities, circle time, arts and crafts. Building new friendships and skills. Parents must remain on site while their child/ren are in the program. This is a great way to prepare your child for kindergarten. <i>* Children can only be registered for one day a week.</i>	18 mnths - 2 years Parents in room	Monday 9:30-11:30 a.m.	8 weeks starting week of January 10 - March 7 No classes on Monday, Feb 21	Free
	2.5- 5 Years Parent on site	Friday 1:00-3:00 p.m.		
Get Ready For School Program Make new friends, play and learn with letters and sounds. Learn new English words and have fun with games, puzzles and songs. This is a program which will help your child get ready for school. Participants must be entering JK or SK in the fall of 2011.	3-4 yrs	TBA	February 2011 TBA	Free
Make the Connection 2 A program to help parents support their child's development during the second year. You will learn what it takes to build a healthy relationship with your toddler, practice ways to connect and communicate and feel more confident as a parent. Space is limited so register early.	1 - 3 yrs	Friday 9:30 - 11:30 a.m.	9 weeks starting January 14 - March 11	Free
Make Some Noise Fun with music, age appropriate instruments and singing. Have a blast and turn noise into music. Add fun into songs and explore new ways to make music.	3 - 6	Wednesday 4:00 - 5:00 p.m.	Six weeks January 12 - February 16	\$30.00
Kinder Dance Your child will be introduced to the basic components of ballet and jazz, learning balance, co-ordination and the concept of rhythm. By the end of this class your child should know if he or she prefers ballet or jazz.	3 - 5	Monday 5:00 - 5:30 p.m.	8 weeks January 10 - March 7 No classes on Monday, Feb 21	\$30.00
Kinder Judo Taught by Deborah Kerr, 1st degree black belt. Kinder Judo is an intro class; the emphasis will be learning basic judo, games and fun. <i>* Location to be announced; located at a local school.</i>	4-5	Thursday 5:30 - 6:00 p.m.	8 weeks January 13 - March 3	\$30.00

House of Friendship accepts Zehrs Grocery receipts for Children's program supplies. If you have any, please drop them off at the Kingsdale Community Centre at 80 Wilson Avenue during regular business hours: Monday - Friday 9:30 am. to 4:30 p.m.





Children/Youth Programs (Ages 6 - 14)

PROGRAM	AGE	TIME	DURATION	COST
After-School Kids Club Affordable After-School care! Participate in various age appropriate activities: games, crafts, sports, computers, movies, guest speakers and snacks. Registration is required and payment is made at the beginning of each month *Parents are responsible to get children to the Community Centre	Grades 1-6	Monday - Friday 3:15 - 5:15 p.m.	Ongoing Must register beginning of every month.	\$60.00 per month or \$15.00 per week
P.D. Day Camps for School Year 2010/11 Need child care for your child/ren and a safe fun place for them to hang out during School P.D. Days? The days will include arts/crafts, games, movies and educational activities. Must register by one week before P.D. Day. You must bring a bag lunch. <ul style="list-style-type: none"> • Friday, January 14, 2011 • Wednesday, February 2, 2011 • Friday, April 8, 2011 • Friday, June 3, 2011 	Grades 1-6	9:00 a.m. - 5:15 p.m. Early drop off/Late Pick-up can be arranged		\$25.00 per day
Music Lessons Come and enjoy learning music! Our instructors provide one-on-one training in a comfortable and quiet location. Their professional and kind demeanor will have you playing like a professional in no time. 1/2-hour individual lessons.	6 yrs - Adult	Tuesday Piano/ Voice/Guitar 3:30 - 8:00 p.m. Wednesday Piano/ Voice/Guitar 3:00 - 7:30 p.m. Thursday Piano 3:30 - 8:00 p.m. Saturday Piano 1:00 - 6:30 p.m.	8 Weeks starting January 11 - March 1 week	\$100.00
Basketball  Instructor If you're looking to learn the rules of the game or just to come out and have some fun and exercise, our athletic instructors will inspire you to reach for the stars...and possibly be the next Michael Jordan. * St. Aloysius School Gym	6 - 12 yrs	Thursday 6:00 - 7:00 p.m.	8 weeks Starting January 13- March 3	\$30.00
Indoor Soccer  Participants will develop basic soccer skills emphasizing social development through interaction with others in fun exercise. This program will focus on coordination, flexibility, short/long passing, basic defending, shooting and ball control. * St. Aloysius School Gym	6-12	Thursday 7:00 - 8:00 pm.	8 weeks Starting January 13 - March 3	\$30.00
Tumble Time  Come have lots of fun tumbling, stretching, balancing, learning new movements and enjoy active play.	3 - 7 yrs	Wednesday 4:00 - 5:00 p.m.	8 Weeks January 12 - March 2	\$40.00
Youth Drop-In Come and join your friends or make new friends at the Youth Drop-In. Board games, cards, music and so much more.	10 - 14 yrs	First Wednesday Of every month 6:30- 8:30	Drop in Ongoing	Free

Children/Youth Programs (Ages 6 - 14) cont.

PROGRAM	AGE	TIME	DURATION	COST
Beginner Judo Learn the techniques required to advance towards the yellow belt. Games in every class. * Location to be announced; located at a local school.	6 - 11 yrs.	Thursday 4:00 - 5:30 p.m.	8 weeks starting January 13 - March 3	\$50.00
Intermediate Judo - You must have your yellow belt to participate in this class. Uniform is mandatory. More emphasis on sparring in this class. * Location to be announced; located at a local school.	6 - 11 yrs	Thursday 6:00 - 7:30 p.m.	8 weeks starting January 13 - March 3	\$50.00
Teen/Adult Judo/Self Defense All belt levels welcome (including beginners). Learn Judo techniques about personal safety, dating violence prevention, assertiveness, self esteem and more. * Location to be announced; located at a local school.	11+ yrs	Thursday 7:30 - 9:30 p.m.	8 weeks starting January 13 - March 3	\$50.00
Dance for Fun This course will teach your child how to dance and have fun while enjoying dance and exercise. We will include ballet, jazz and tap in this course.	6-12	Monday 4:00 - 5 p.m.	8 Weeks starting January 10 - March 7 No Classes on Feb 21	\$50.00
Adult & Child Sew Together Share a machine and learn to sew with your child by sewing projects such as a doll quilt, pin cushions or pillowcases. Registration is required.	6+ yrs With adult	Saturdays 2:00 - 3:30 p.m.	4 weeks starting January 15 - February 5	\$20.00
ArtRageous Are you a budding Picasso? Come out and learn different art techniques.	6 - 12 yrs	Thursday 4:30 - 6:00 p.m.	8 weeks starting January 13 - March 3	\$30.00
Cheerleading  One of the fastest growing sports that offers girls an opportunity to develop self-esteem, build confidence, and get physically fit while having a good time. Learn cheers, chants, jumps and routines. Build skills and learn true sportsmanship.	5 - 8 yrs	Wednesday 5:00 - 6:00 p.m.	8 Weeks January 12 - March 2	\$40.00
Cooking Together An exciting program where your child learns basic microwave cooking skills by making tasty treats and snacks for him/herself.	10 + or 6-9 with parent	Tuesday 3:45 - 5:00 p.m.	8 weeks January 11 - March 1	\$50.00 Parent is free with Child
Drama  For the young performer wanting to learn more about the techniques needed to perform in productions. This class will give students the opportunity to develop skills and have fun in a supportive setting. Improvisation, theatre games and character development are just some of the parts of this dynamic program.	8 - 12 years	Wednesday 4:00 - 5:00 p.m.	8 weeks January 12 - March 2	\$40.00
Date Night  Do you need time for yourself, an evening out with your significant other? Bring your children to the centre for a night of fun crafts, snacks, then a movie. Take time to go out for dinner, run a few errands, catch a movie or simply go back home and relax a little. Pre-registration is	3 - 13 years	Fridays 6:30 - 9:30 p.m.	January 21 February 11	\$10 per evening per child. Discount can be arranged for 3 or more children in the same family.

Adult Programs

PROGRAM	AGE	TIME	DURATION	COST
Euchre Drop - In Come and enjoy a friendly game of cards It's a great way to spend an afternoon of fun. Refreshments are provided.	18+	Mondays 1:00 - 3:30 p.m.	On-going Drop-In Winter session starts January 10	\$1.00 per visit
Solo Drop - In Do you like to play Solo? We would love to have you enjoy meeting more community neighbours for an afternoon of fun. Drop-in.	18+	Tuesdays 1:00 - 3:30 p.m.	On-going Drop-In Winter Session starts January 5	\$1.00 per visit
Computer If you are a beginner or have some computer experience but want more, we have a course for you. You can learn the basic skills needed to access the internet, personal email, or about any Microsoft Office program.	18+	Wednesday Afternoons 1/2 hr sessions scheduled with instructor	6 weeks January 12 - February 16 1/2 hr. sessions	\$15.00
Introduction to Web Social Networking  This course will cover the basics of Facebook. You will learn to maximize the benefits of Social Networking for your group/yourself. You will learn how to invite friends, create groups, how to upload pictures and videos to your pages.	18+	Tuesday Mornings 1/2 hr sessions scheduled with instructor	8 weeks January 11 - March 1	\$20.00
Multicultural Parenting Group Meet new friends, new topics each week, child care & snacks provided. Practice your English Skills	18+	Thursday 4:00 - 6:00 p.m.	9 weeks January 13 - March 10	Free
Learn to Sew Learn to operate a sewing machine and the basics of sewing such as seams, buttons and zippers by sewing projects such as a pillow case, doll quilt or pin cushion. Advanced sewers can learn more. Registration is required.	18+	Wednesday 1:00 - 2:30 p.m.	8 weeks starting January 12 - March 2	\$30.00
Conversation Circle Would you like to improve your English skills? Enjoy conversation in a lively environment? Make new friends? Meet people from around the world? Then come into the centre and participate.	18+	Thursday 9:30 - 11:30 a.m.	Ongoing until April	Free
Healthy Eating on a Budget Food Skills training, including Menu Planning, Budgeting, Preparing food from scratch. Also exchange ideas and recipes with others; cook and eat together; Take home new ideas and food to your family. Located at Courtland Shelley Community Centre.	18+	Tuesday 9:30 - 11:30 a.m.	Ongoing Starting January 11	Free
Dance Fit  Dance Fit is a fun exercise class based on a range of different dance techniques. It is a great way to get in shape, get the body moving, the blood flowing or just switch off from everyday life while having fun and enjoying the music.	16 +	Saturday 2:00 - 3:00	8 weeks January 15 - March 5	\$50.00
Yoga  We will explore breathing techniques and proper alignment in poses. A challenging, yet safe yoga class. Learn how to relax and gain strength at the same time.	16+	Wednesday 4:30 - 5:30	8 weeks January 12 - March 2	\$50.00
Multimedia Arts for Adults You will learn techniques from different art media, acrylics, watercolours, oils and charcoal to create your masterpiece.	16+	Saturday 4:00 - 6:00	8 weeks January 15 - March 5	\$50.00
Zumba  It's a 60-minute aerobic-dance program featuring a variety of rhythms from all over Latin America.	16+	Tuesday 7:00-8:00	8 weeks January 11 - March 1	\$50

Adult Workshops (Childcare available if needed)

PROGRAM	AGE	TIME	COST
Money Management/Goal Setting Come out and learn some new ways to manage your money: goal setting, budgeting and saving your money! How to stretch your dollar so it can help you reach your goals.	18+	Wednesday, December 15 1 - 3 p.m.	Free
Credit/Creditors Come out and learn some new ways to establish/improve your credit rating, types of credit, how to build and protect your credit AND how to deal with creditors!	18+	Wednesday, January 19 1 - 3 p.m.	Free
Money and Making it Your Own: Turn Fear into Hope Are you a woman who would like to become more independent? Would you like to gain control of your finances? Would you like to meet other women experiencing similar struggles? Topics will include: Self care and Nurturing, Making Household budgets, saving your money, credit/creditors, goal setting, shopping tips, recognizing financial abuse, Legal Aid/Family, Understanding your Legal Rights. This workshop series is being offered by K-W Counselling Services in partnership with Kingsdale Community Centre. To register please contact Cindy Hare at KW Counselling, 519-884-0000 ext 220 or Katie Holder at Kingsdale 519-748-6463 or online at http://kwcounselling.com/moneybook	18 +	8 weeks Wednesday's 1-3 p.m. Starting January 26 - March 23 No class on March 16, 2011	Free
Tools For Change Healthy Relationships: Learn what a healthy relationship is and how to develop a healthy working relationship. Anger Management: Learn what anger management is and how you can control your anger or assist those who have anger management issues.	18 +	1:00 - 3:00 p.m. Monday January 17, 2011 Monday February 14, 2011	Free
Registered Disability Savings Plan, Grant and Bond In partnership with Northern Lights: come out and learn about the Registered Disability Savings Plan. This is a long-term savings plan to help Canadians with disabilities and their families save for the future. You will learn what the plan is, how do you and if you qualify for it.	18 +	10 a.m. - 11 a.m. Tuesday, December 7, 2010	Free



Treasure Coupon Books now on Sale! For only **\$35 (tax included)** you receive hundreds of dollars worth of coupons while supporting the Kingsdale Community Centre. Using only two of the coupons will make back the money you have spent. This is an excellent opportunity for everyone to save money on the things that you already buy at businesses in Kitchener-Waterloo, Cambridge, Guelph, Ayr, Brantford and more! Books are good from now until December 1, 2011.

Also available: even more on-line coupons added throughout the year. Come into the centre and get yours today! This is also a wonderful Christmas gift for that hard-to-buy for person.

Fine Dining

Aberfoyle Mill
Benjamin's
Black Forest Inn
Crock & Block
Caesar Martini's
The Flying Dog
Golden Kiwi

Casual Dining

Kings Buffet
Crossroads
Casey's
Beaver & Bulldog
Failte Irish Pub
The Brew House
Ben Than

Informal Dining

Swiss Chalet
Burger King
A & W
KFC
Green Kiwi
Taco Bell
Marble Slab

Family Fun

Bingemans
Chicopee
Emerald Lake
KidZone
Bowling
Mini-Golf
Varney Motor Speedway



"Like" Kingsdale Community Center on Facebook and receive up-to-date program and event information as well as pictures and progress reports on the new Building!

Winter Special Events



Winter Fun Camp

GRADES 1 - 6

**NEED A PLACE TO TAKE YOUR KIDS TO
KEEP THEM BUSY DURING THE
CHRISTMAS BREAK?**

- * OUTSIDE ACTIVITIES
- * GAMES
- * CRAFTS
- * MOVIES
- * MUSIC



Monday, December 20 - Thursday December 23
9 a.m. - 5 p.m.
Friday, December 24
9 a.m. - noon

Monday, December 27 - Thursday December 30
9 a.m. - 5 p.m.
Friday, December 31
9 a.m. - noon

Cost: \$25.00 per day / \$125.00 full week (Subsidy Available. Bring Bag Lunch

Deadline for registration is December 13th



**WINTER PROGRAM
REGISTRATION
December 11
10:00 a.m. - Noon**

The May Court Club
of Kitchener-Waterloo

21st Annual Christmas Dreams

December 1st - December 11th, 2010
Tree Lighting Ceremony December 1st (at noon)
Draw at 4:00 pm, Saturday, December 11

Come visit us at Conestoga Mall
(in the former food court near Winners)

Proceeds to:

- May Court Club Projects
- Hospice of Waterloo Region
- Children's Wish Foundation
- Grand River Hospital's
Mental Health Program for Adolescents

TICKETS: 2 for \$5.00, 6 for \$10.00, 20 for \$20.00



**Need a place to take your kids to keep them busy,
safe and active during the MARCH BREAK?**

Grades 1 - 6

March 14 - 18, 2011

9 a.m. - 5 p.m. /early drop-offs and pick-ups can be arranged.

- * Outside Activities
- * Games
- * Crafts
- * Movies
- * Music

Cost: \$25.00 per day / \$125.00 full week (Subsidy Available)

Bring bag lunch

Deadline for registration is March 9, 2011

REGISTER NOW!



Santa Calls

Cost: \$2.00 per child

For ages 3 - 7 years

A personal Phone Call from Santa...can you even begin to imagine as a child getting a personal phone call from Santa when your dreams were of nothing else? A phone call from Santa Claus to your child is one of the most unique Christmas experiences that your child may ever have. Just imagine the look on your child's face when he or she receives a phone call from Santa Claus this Christmas season! Santa will call your child by name and will tell your child all about his preparations for the big day! We want to make this as personal as possible for your child. If you need other forms for children in your family, please feel free to copy this or come into the Community Centre

for extras. Please check below what time suits your schedule best. **We must have this form and payment into the office by December 6th to participate.**

Please print clearly

Name of Child _____ **Child's Age** _____

Gender _____ **Phone Number to Call** _____

Parents Names _____

Best time for Santa to call:

Wednesday, December 8th

5:00 - 6:30 p.m. 6:30 p.m. - 8:30 p.m.

Monday, December 13th

10:30a.m. - 12:30 p.m. 12:30 p.m. -3:00 p.m.

Tuesday, December 14th

5:00 - 6:30 p.m. 6:30 p.m. - 8:30 p.m.

Monday, December 15th

10:30a.m. - 12:30 p.m. 12:30 p.m. -3:00 p.m.

5:00 - 6:30 p.m. 6:30 p.m. - 8:30 p.m.

Email Address (we will verify the date and time Santa will call your child) _____

Special gift that your child would like to receive _____

Tell Santa something your child has done this past year that was "Extra Special." _____

Is your family planning something special this year? For example, visiting a relative, going on a vacation or something special your family does every year?

Happy Holidays from Everyone at the Kingsdale Community Centre

Helping Our Neighbours Is Important

We are Here to Help You

Our Family Outreach Worker can help link families with children under the age of 18 to resources for:

- * Food when you run short
- * Shelter resources and information
- * Counselling: family and individual
- * Child Care and Children's needs: information and equipment
- * Recreation activities; assistance for fees or equipment
- * Transportation to attend appointments or meetings
- * Employment & Education resources and information

KINGSDALE

FOOD DISTRIBUTION PROGRAM

Families in need in our community are encouraged to come weekly for fresh produce, non-perishable goods and other foods as available. You are welcome to call after 1:00 p.m. to find out what produce we have before you come.

Please bring your own environmentally friendly canvas bags to take your food home in.

**** Must live in the Kingsdale area.**

**** Must bring ID with name and address to every visit.****



Food distribution Thursday from 1:30-3:00 p.m.

We sometimes have extra produce at the end of the day. If you are interested in picking up after general distribution please email Alissa at alissaa@houseoffriendship.org to be added to the Extra Produce contact list. No address restrictions

Need an Appointment?

You can now email our Family Outreach Worker to set it up!

Katie Holder katieh@houseoffriendship.org



Hours at Kingsdale

Monday: 12:00 pm to 3:30 pm

Tuesday: 12:00 pm to 4:30 pm

Wednesday 9:30 am to 12:30 pm

Thursday 9:30 am to 12:00 pm

Friday 9:30 am to 2:30 pm

You can also reach the Family Outreach Worker at Courtland Shelley Community Centre 519.571.7953. All other hours at Courtland Shelley Community Centre.

WINTER REGISTRATION SUBSIDY

If you require subsidy please contact the Family Outreach Worker at 519.748.6463 by **December 4** Registration for all programs begins on **December 11, 2010** **10:00 a.m. to 12:00 p.m.**



Kingsdale Community Centre
80 Wilson Avenue
Kitchener, ON N2C 1G5
Phone: 519.748.6463
Fax: 519.896.1122
Email: kingsdaleoffice@houseoffriendship.org

Bringing Our Community Together

**THANK YOU TO KNA
SUPPORTERS**

**PARTNER LEVEL
\$500 +**

Lions Club of Kitchener
KW Parents of Multiple Births Association
May Court Club of Kitchener-Waterloo

**GOLD LEVEL
\$300-\$499**

Child Find Ontario
The Paintball Arena

**SILVER LEVEL
\$100-\$299**

Kitchener-Waterloo Minor Boys Softball
Association
Tim Hortons - Fairway Road
Zehrs Hiway Centre
Crosshill Mennonite Church

**BRONZE LEVEL
UP TO \$99**

Colonial Cookies
Erick Traplin
Kitchener Rangers Hockey Club
M&M Meat Shops
McDonald's Fairway Road
Ontario Place
The Museum
Waterloo Region Museum

**HOUSE OF FRIENDSHIP PROGRAM
SUPPORTERS**

Crosshill Mennonite Church
Holy Trinity Anglican Church
Islamic Humanitarian Service
Ladies of Philoptochos Sts. Peter and
Paul Greek Orthodox Church



**KINGSDALE COMMUNITY CENTRE
OFFERS RENTALS!**

Kingsdale is the perfect place for your next small event, meeting or birthday party.

Cost: \$17.29 per hour
Call to book space for your event.
Maximum 50 people.

80 Wilson Avenue, Kitchener ON

P: 519.748.6463

E: kingsdale@houseoffriendship.org



We Need You!!

Kingsdale Community Centre is in search of volunteers to participate in a variety of its winter programs.

- * *After School Kids Club*
- * *Child Care Volunteers*
- * *Children's Programming Assistance*
- * *Conversation Circle Volunteers*
- * *Maintenance Assistant*
- * *Pre-School Program Helper*
- * *Food Distribution Volunteers - Shipment Receivers*
- * *Winter Fun Camp Volunteers*
- * *March Break Camp Volunteers*



If you are looking to complete hours for high school, a self declared community placement, wanting to help out your community or just to meet new friends please call us at 519.748.6463 or drop by and say hello.



"Like" Kingsdale Community Center on Facebook and receive up-to-date program and event information as well as pictures and progress reports on the new Building!